

GMHS Boys Lacrosse Board Meeting
October 13, 2021
7:00pm @ GMHS

In Attendance: Nate Hallahan, Ken Berridge, Michelle Bourne, Suzanne Johnson, Liz Draper, Kim Penrose, Kjirsten Wallace. *Missing: Chris Williams, Holly Swanson*

Meeting MINUTES 10/31/2021

1. Welcome and Intros

- a. Secretary Board position is open, if anyone is interested; Kjirsten will hold until assigned

2. Coach's Report - Nate Hallahan

- a. Intros and Expectations of Booster Board
- b. Communications - will transition to League Apps messaging once we have team registered
- c. 2022 Spring season expect ~44 players, 8 seniors
- d. 15 game season
 - i. Still finalizing schedule
 - ii. Home / Away - Air Academy home, considering windsor, Lutheran
- e. JV Head Coach recruitment in process
- f. Fall Indoor League, just lower level, starting end of Oct or early Nov
- g. Winter Indoor League - both lower and upper, two teams starting January
- h. NEW - LAX visit Elementary Schools - opportunities for Soph, Jrs to visit PE classes - 3days at each school (
 - i. Nate could use help coordinating this, working with girls Lax coach, Maddie, for girl/boy at each session
- i. Grade report avail this year to Nate - allowing year-round support of athletes' academic progress
- j. Helmet Order - esp for freshman, will need to be placed soon - have sign up sheet at Team meeting

k. Registration on Booster Website

- i. Ask kids to register (not pay) soon to collect player/parent contact info
- ii. Spring team fee deferred til spring
- iii. At about Thanksgiving, communications via League Apps (rather than last year's list + manual)

3. Fundraising - Michelle Bourne

- a. JAN - CPR class - Chris will offer, targeted for January
- b. FEB - MAMMOTH GAME - Considering Fri or Sat Feb 25th
- c. Interest in scoreboard JV clock - yes, connect with football, Angie Ives

4. Websites Update (GMHS Lacrosse and Fangear) - Ken Berridge

- a. Update at team meeting on oppty

5. 10/26/21 - TEAM meeting

a. MEETING PREP

- i. PIZZA - Kjirsten will order for Boys to eat 630pm arrival
- ii. Bring New Pads, if you have them
 - 1. Zach - Medium

b. Team Meeting will be in same room, can exit back door

c. TOPICS for Nate

- i. Schedule
- ii. Social Media safety - team impacts / risks
- iii. Conduct risks
- iv. Get registered for Spring - for communications (pay fees in Spring)
- v. Workouts/Leagues:
 - 1. Complete - Fall Outdoor League
 - 2. Fall Indoor - Begins Oct 30th or Nov 6th, lower level only (~3 schools) (\$100/player)
 - 3. Winter Indoor League - Begins Jan-Feb until season starts (\$100/player)

4. Winter workouts- Begins Jan-Feb until season starts
(\$100/player)

vi. SPRING SEASON begins the last Monday of Feb: 2/28

d. COACH TOPICS

- i. Helmet order
- ii. Reminder chest protectors
- iii. Schedule - calendar for Lax
- iv. Senior Leadership Project
- v. Sports Physicals - Denver Sports Medicine \$30, near Frontroom
- vi. Health - sleep

e. BOOSTER TOPICS -

- i. Boosters - intros, how we support program
- ii. Sunrise Scrimmage
 - 1. Full day for boys - scrimmage, breakfast, uniforms, team building
 - 2. Volunteers to supply & serve food, hand out uniforms
- iii. Fees \$175 district, \$225 booster
 - 1. Create How To register videos
- iv. Uniform commitment form - kids/families sign
- v. We'll reinstate team dinners (~40 kids - all together, unlike last year)
 - 1. Volunteers to help / host
- vi. Highlight focus on teams supporting each other, e.g. JV support Varsity - and other sports
- vii. Fundraising:
 - 1. JAN - CPR fundraiser
 - 2. FEB - Mammoth Game play/watch
 - 3. FEB - Restaurant night
 - 4. MAR - Play it Again Sports
 - 5. MAR - Restaurant night - Chipotle
 - 6. APR -
- viii. More info:
 - 1. LAX Boosters Website: <https://gmlax.leagueapps.com/>

2. GMHS Sports Registration page:

<https://greenmountainhs-ar.rschoolday.com/node/18>

6. Approve 7/28/21 Minutes

a. WILL NEED TO COMPLETE NEXT MEETING

7. Date for next meeting - [OPEN target in the new year, after holidays]

2022 GMHS Lax Registration link

<https://gmlax.leagueapps.com/clubteams/2564607-gmhs-boys-lax-2021-2022>

[Booster meeting minutes 7/28/2021](#)